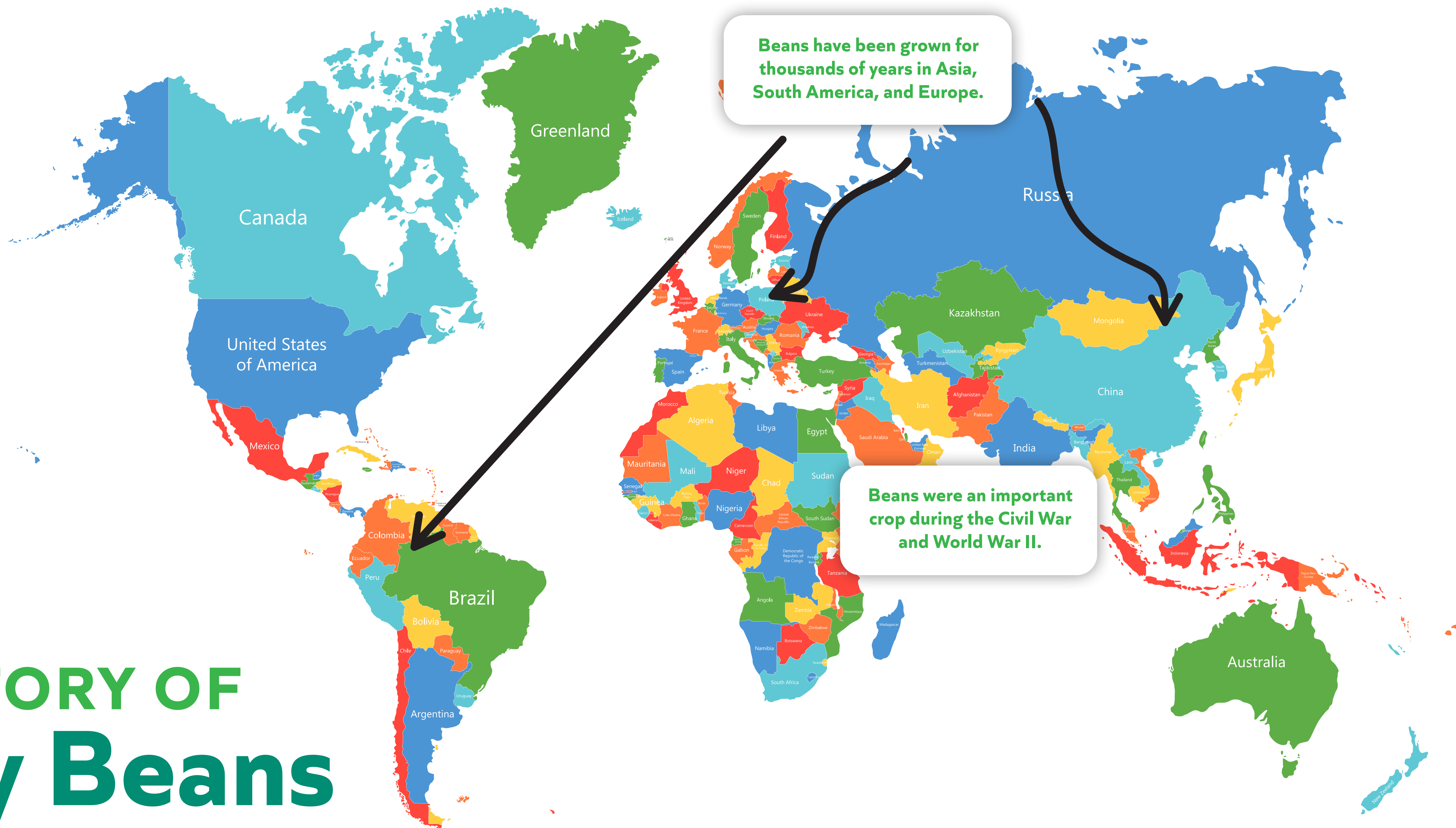




HARVEST OF THE MONTH:

Dry Beans

HISTORY OF Dry Beans



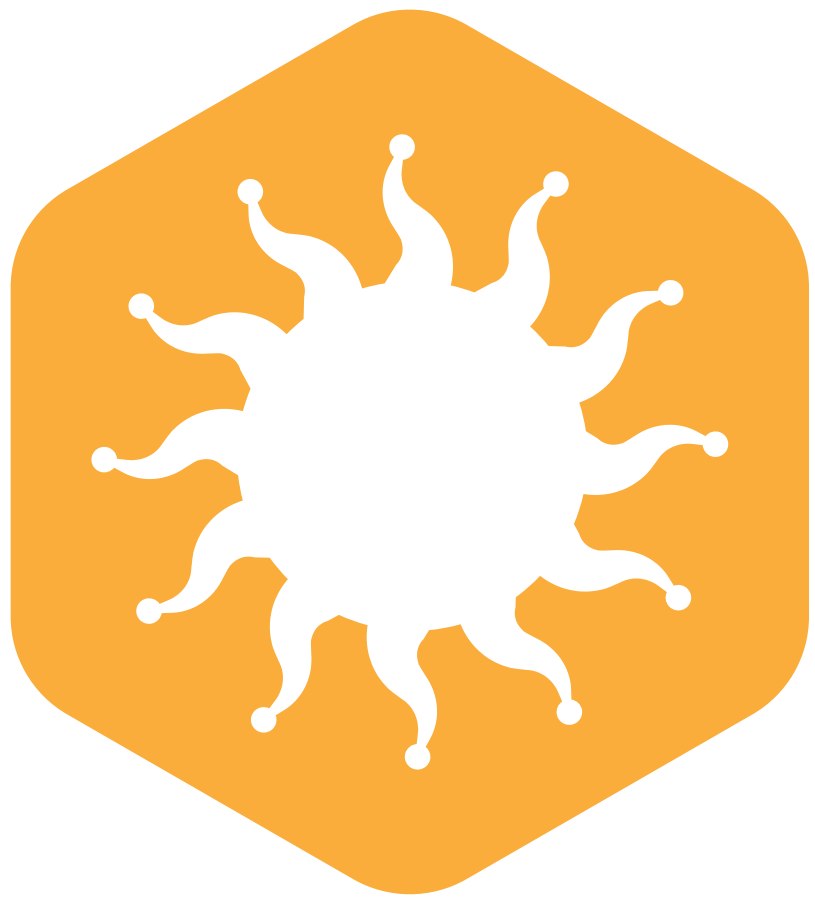
After pollination, the
bean flowers swell into
the bean pods we eat.

Beans grow
on a plant.



HOW DO DRY BEANS GROW?

WHAT SEASON DO WE PICK DRY BEANS?



SUMMER



AUTUMN



WINTER



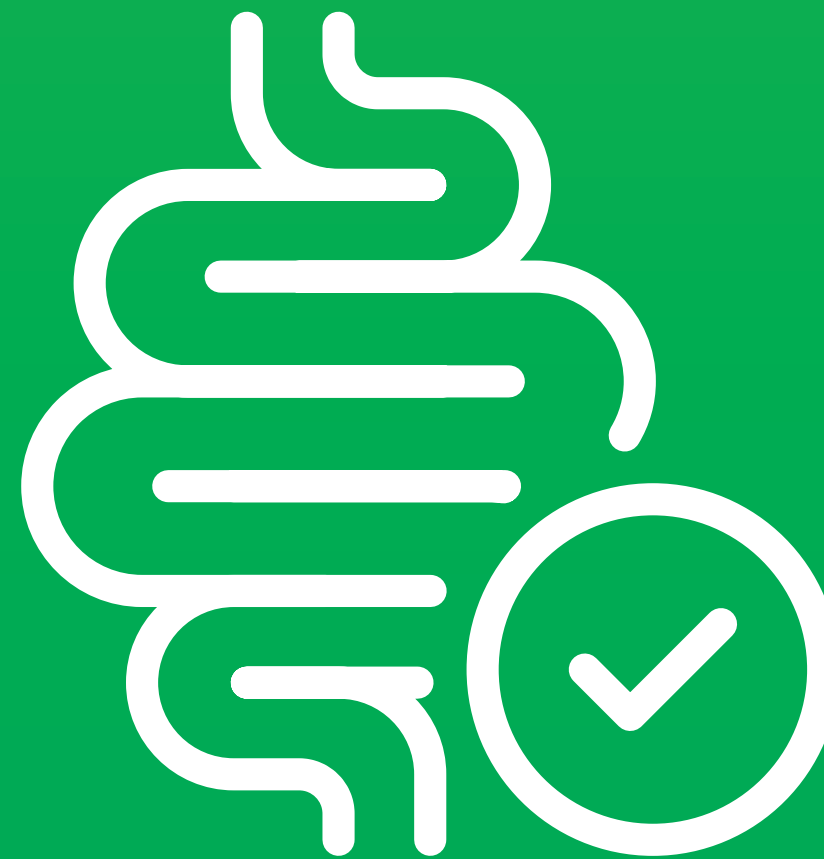
SPRING

WHY SHOULD WE EAT DRY BEANS?

Healthy muscles



Healthy digestion,
cleans out your system



Healthy blood





LET'S TRY SOME
Dry Beans!

